

## SALADS & GRAIN BOWLS

Half size....\$5.95 Extra Dressing....\$0.50

### Yardbird Salad ..... \$8.50

Fresh greens, chicken, toasted spiced seeds & nuts, chickpeas, golden raisins, cranberries, and Parmesan cheese topped with house-made avocado goddess dressing.

### Mexicali Salad ..... \$8.50

Fresh greens, smoked turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, and our delicious house-made chipotle honey lime yogurt dressing.

### Greek Salad ..... \$8.50

Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette and croutons.

### Roasted Carrot Tahini Grain Bowl ... \$7.95

Honey & curry roasted carrots, fresh greens, chickpeas, cucumbers, golden raisins, and sliced almonds. Tossed with oven-roasted wheat berries, quinoa, and our house-made red wine vinaigrette topped with Tahini yogurt dressing.

### Sesame Chicken Grain Bowl ..... \$8.50

Fresh greens, shaved cabbage, oven-roasted wheat berries and quinoa, carrots, diced chicken breast, peanuts, sesame seeds tossed with house-made honey miso vinaigrette.

## ORDER AHEAD

*We'll have it ready for you!*

Call (337) 477-3033 or visit us at:  
4112 Lake St. Suite 100  
Lake Charles, LA 70605  
[www.MyGreatHarvestLakeCharlesLa.com](http://www.MyGreatHarvestLakeCharlesLa.com)  
Mon - Fri: 7am - 6pm  
Sat: 7am - 4pm

Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express. No checks.



**BAKERY CAFE**  
Bread. The way it *ought* to be.

# Fresh FROM THE CAFE Menu

2019



4112 Lake St. Suite 100  
Lake Charles, LA 70605  
(337) 477-3033  
[www.GreatHarvestLakeCharlesLa.com](http://www.GreatHarvestLakeCharlesLa.com)

Monday - Friday: 7am - 6pm  
Saturday: 7am - 4pm

## SANDWICHES

Add bacon \$2. Add avocado \$1.50

### Smoked Turkey Goddess ..... \$7.95

Creamy house-made avocado Goddess dressing drizzled atop smoked turkey breast and mild Havarti cheese. Includes lettuce, tomato, onion.

### Granny's Chicken Salad (best seller) \$7.55

White meat chicken with a house-made seasoned mayonnaise dressing, sweet & spicy pecans, lettuce tomato, red onion, Granny Smith apples.

### Veggie Three-Seed Hummus ..... \$6.95

Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread served on Dakota bread. Includes carrots, sprouts, cucumbers, lettuce, tomato, onion.

### Baja Chipotle Turkey ..... \$7.75

Smoked turkey breast with a chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese served on Honey Whole Wheat bread.

### The Italian ..... \$7.95

Shaved Genoa salami and smoked ham topped with a house made red pepper & olive tapenade and provolone cheese drizzled with red wine vinaigrette. Served on White Bread with lettuce, tomato, onion.

### Classic Ham & Cheese ..... \$6.95

Smoked ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise.

### Classic Turkey ..... \$7.50

Smoked turkey breast with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise.

### Classic Roast Beef ..... \$7.75

Roast beef with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise.

### Tuna Salad ..... \$7.55

Albacore tuna mixed with our house made seasoned mayonnaise with lettuce, tomato and onion.

## HOT OFF THE GRILL

Add bacon \$2. Add avocado \$1.50

### Turkey Chili Cheddar Melt ..... \$7.95

Smoked turkey breast loaded with sharp cheddar cheese, fresh tomatoes, roasted, green chiles, and a house-made green chile mayo.

### Roasted Pepper Chipotle Cheesesteak ..... \$7.95

Roast beef layered with melted Havarti cheese, marinated, oven-roasted bell pepper & onions, and house-made chipotle mayo.

### Spicy Apple Bacon Grilled Cheese \$7.95

Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.

### Grilled Cheese ..... \$5.75

Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham \$1.50, crispy bacon \$2, tomato no cost.

## BREAKFAST SANDWICH

Add avocado \$1.50

### Breakfast Sandwich ..... \$5.25

Freshly made and served on your choice of handcrafted bread or tasty cheddar garlic biscuit with either ham, turkey or bacon and your selection of cheese.

### Soups ..... \$4.25/\$6.00

Call for today's soup choice.

Also available: Peanut Butter & Jelly sandwich, Pimento Cheese sandwich or BLT.



**Ask about our Half & Half Combos!**