



# Great Harvest Bread Co.®

Tulsa, OK / 918-878-7878 / [www.tulsaok.greatharvestbread.com](http://www.tulsaok.greatharvestbread.com)



This bread is so good it's scary! It's our delicious, homemade whole wheat dough mixed with real pumpkin & pumpkin pie spice. We roll it out, top it with brown sugar & walnuts, then roll the whole thing up with all the ingredients swirled together on the inside. Every slice you get is pumpkin-y sweet, with a bit of spice and lots of whole wheat! Not only that, but it makes a great autumn gift. Don't miss this tasty treat! Enjoy Pumpkin Swirl for breakfast, or dessert with any lunch or dinner meal. Don't forget to pack a slice in your child's Halloween lunch, it's sure to bring those hugs and kisses swirlin' in!



## OCTOBER BREADS

- EVERYDAY** Honey Whole Wheat • Harvest White  
Pumpkin Chocolate Chip
- MONDAY** High 5 Fiber • Cheddar Garlic • **PUMPKIN SWIRL**
- TUESDAY** Ezekiel Bread • Asiago Pesto  
Cranberry Flax • Jewish Apple Coffee Cake
- WEDNESDAY** Low Carb Dakota • Onion Dill Rye  
Cinnamon Raisin • Iced Cinnamon Raisin
- THURSDAY** Superfood Bread • Spinach Feta  
**PUMPKIN SWIRL** • Cranberry Orange Pound Cake
- FRIDAY** Dakota • Cinnamon Chip • Cheddar Garlic
- SATURDAY** Hummus Bread • Rock Island Trail Bread  
Lemon Blueberry



## SWEETS SO SWEET IT'S SCARY!

- EVERYDAY** Brownies • Power Bars • Pumpkin Chocolate Chip Muffins  
Cinnamon Rolls & Cinnamon Twist Muffins
- MONDAY** Dillon Cookies • Oat Berry Muffins • Savory Breakfast Biscuits  
Pumpkin Bars
- TUESDAY** Oatmeal Raisin Cookies • Pumpkin Spice Scones  
Lo-fat Yum Yum Brownie Muffins • Savannah Bars
- WEDNESDAY** Chocolate Chip Cookies • Savory Breakfast Biscuits  
Lo-fat Cran-Blue Yogurt Muffins • Lemon Bars
- THURSDAY** Ginger Cookies • Cranberry Orange Scones • Kahuna Bars  
Cranberry Orange Muffins • Oat Berry Muffin
- FRIDAY** Monster Cookies • Lo-fat Cran Flax Cookies • Chocolate Chip Scones  
Savory Breakfast Biscuits • Morning Glory Muffins  
Pumpkin Bars • Savannah Bars
- SATURDAY** Peanut Butter Chocolate Chip Cookies • Berry Cream Cheese Scones  
Cappuccino Muffins • Lemon Blueberry Muffins • Lemon Bars

**BAKERY HOURS:** Monday-Friday, 7am to 6pm, Saturday 7am to 4pm  
Closed Sundays for a little Loafin'